



## Clwyd Mountaineering Club COVID-19 Risk Assessment

Complete a copy for every meet. Copies should be kept for 3 years after the date of the meet.

<b>Club/organisation name</b>	<b>Clwyd Mountaineering Club</b>	<b>Date of activity</b>	19/12/2020
<b>Activity Organiser / Leader</b>	Jane Kenney	<b>Date of risk assessment</b>	02/12/2020
<b>Other volunteers</b>		<b>Checked by Club COVID-19 Officer</b>	02/12/2020
<b>Location of activity</b>	Tal y Fan from Penmaenmawr, starting from High Street near Parc Plas Mawr		

<b>Risk of transmission of COVID-19</b>	<b>Who might be at risk of spreading COVID-19?</b>	<b>Ways to control the risk</b>	<b>Action taken</b>
<b>PRE-MEET (PLANNING)</b>			
Through close contact with other people during the activity	Participants Members of the public	Consider planning the activity for a less busy time and/or at a quieter location.	<i>Park on roadside, fairly quiet road, plenty of space.</i>
		Avoid particularly busy or narrow routes and locations where physical distancing is not possible.	<i>Route quiet, few pinch points.</i>
		Give clear information about limiting the group size up to a maximum of 30 people	<i>Group size 8 people</i>
		Remind participants beforehand about relevant current government guidelines.	<i>Welcome briefing to be carried out.</i>
		Suggest participants bring hand sanitizer and/or anti-bacterial wipes.	<i>Participants to bring hand sanitizer and face coverings.</i>
		Advise participants to provide their own equipment, such as small personal first aid kit, bothy bag / survival bag, and food and drink.	<i>Participants to bring own equipment and food</i>
		Remind members that if they have a shielding letter or if they have any of the symptoms of coronavirus, or live with someone with symptoms, they must not attend.	<i>Participants to be able to agree with all parts of the COVID self-declaration</i>
		Ensure you have a record of who has booked on.	<i>Names and phone numbers of participants to be sent to COVID officer.</i>
Through close contact with other	Participants Members of the public	Remind participants of the current regulations regarding car sharing	<i>No car sharing except with members of your household</i>



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people while travelling to / from the activity	Public transport staff	Remind participants of the current regulations regarding face coverings on public transport	<i>No participants using public transport</i>
		Consider a meeting venue with suitable parking – sufficient for the number of people attending while allowing for suitable distancing between members	<i>Plenty of parking space on roadside</i>
<b>Risk of transmission of COVID-19</b>	<b>Who might be at risk of spreading COVID-19?</b>	<b>Ways to control the risk</b>	<b>Action taken</b>
<b>ON THE DAY</b>			
Through close contact / meeting other people during the activity	Participants Members of the public	Brief participants at the start to maintain 2 metre social distancing – this is everyone's responsibility.	<i>Welcome briefing to be carried out.</i>
		Remind anyone with symptoms to go home / those that are not able to agree to the self-declaration statement.	<i>Welcome briefing to be carried out.</i>
		Attendee numbers must not exceed government guidance (absolute maximum of 30 people), and must be appropriate to the style of activity, experience of participants and location used.	<i>Maximum of 8 people</i>
		Brief participants what to do at any pinch points or road crossings to maintain social distancing.	<i>Welcome briefing to be carried out.</i>
		Check participants have a face covering and hand sanitizer. Inform them to dispose of wipes and gloves responsibly.	<i>Welcome briefing to be carried out.</i>
		Ensure you have a record of all those who took part.	<i>Names and phone numbers of participants to be sent to COVID officer.</i>
Through close contact with other people when dealing with incidents / accidents	Participants Members of the public Emergency services, including Mountain Rescue Teams	Advise the group to stay within their competency level, whether climbing, walking, scrambling or mountaineering to reduce the risk of incidents happening.	<i>Walk planned to be within competency level of participants</i>
		Advise members to use their own first aid kit for personal use where possible.	<i>Welcome briefing to be carried out.</i>
		Leaders to carry PPE which must be worn for first aid treatment; mask, apron, surgical gloves and safety glasses or goggles.	<i>COVID officer to have face covering, disposable gloves and goggles</i>
		Minimise those who need to carry out first aid to essential first aiders only, to minimise close contact with a casualty.	<i>People carrying out first aid to be minimised</i>
		Carry additional bags to securely wrap any disposed/used first aid equipment and associated PPE used.	<i>COVID officer to carry bags for disposal of used first aid</i>



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			<i>equipment</i>
		Ensure you are up-to-date with current guidance about administering first aid.	<i>COVID officer to find out about current guidance</i>
Through touching gates, stiles, fences or equipment	Participants Members of the public	Avoid touching gates and path furniture where possible.	<i>Welcome briefing to be carried out.</i>
		Suggest participants use their own hand sanitizer and/or anti-bacterial wipes and use regularly.	<i>Welcome briefing to be carried out.</i>
		Advise participants to only use their own equipment, such as maps, compasses and walking poles, and not to share with those outside of their household.	<i>Welcome briefing to be carried out.</i>
		Do not share group shelters or bothy bags	<i>Welcome briefing to be carried out.</i>
		Advise participants not to share food and drink.	<i>Welcome briefing to be carried out.</i>
<b>Risk of transmission of COVID-19</b>	<b>Who might be at risk of spreading COVID-19?</b>	<b>Ways to control the risk</b>	<b>Action taken</b>
<b>AFTER THE EVENT</b>			
	Participants	Remind participants that should they present any COVID-19 symptoms, or become symptomatic, after the activity that it is essential for them to report this to the NHS Test & Trace service. Ask them to inform yourself as well	<i>Remind participants at end of walk</i>
		Keep a record of everyone taking part (names and contact details) in case this is needed for contact tracing. You must keep this record securely and delete or destroy it after 21 days	<i>COVID officer to hold and then destroy list of participants</i>
<i>Please add more lines if needed</i>			